

# DYNAMIC LIVES

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Dental technician

**FERRAN**  
**PUIGREFAGUT**  
**COS**

“The freedom to improvise is the thing I like the most about my profession”







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## Who are you? How would you define yourself?

I am Ferran Puigrefagut Cos, I work as a dental technician in Prótesis Y Artesanía Dental S.L laboratory, Mollersussa, Lleida (Spain). I see myself as a very ordinary person, who tries to improve day by day.

## How did you get into this profession?

I became interested in this profession thanks to one of my father's friends, who is a dentist. He explained me what the work entails. Moreover, I have always loved drawing, plastic arts and everything related with crafts. I learned more about this profession and I spent 2 days in a dental laboratory in Zaragoza to see their everyday work. After spending these 2 days in the laboratory, I decided to choose this job as my profession.

## What is the thing you love the most about your profession?

The freedom to improvise, imagine and create something that was previously planned in your mind. Moreover, I love the constant challenge of trying to copy a little part of nature, with all its complexity.

## How did the sector changed over the years?

I think that our profession is undergoing a great change in the last few years with everything related to the digital and CAD-CAM field. It is improving at top speed and gives us an accuracy in our work never seen before. At the same time, we don't need so many workforce in our laboratories and this situation generates uncertainty on the market. Each time, it is increasingly clear that there is a big difference between big and small businesses, which leaves no room for medium enterprises that are plentiful in our profession.

## How did you hear about Dynamic Abutment® Solutions?

I first learnt about the product 6 years ago, through a friend who is a dentist. We were working in a case and we had problems with the screw entry. Thanks to your Dynamic Abutment® we could solve the problem.

## What is your next future project?

I would like to collaborate with other laboratories from other countries to be able to help or give them some advice on the way things are done. This way, I would be able to travel and get a remuneration at the same time. The idea of opening a training school for dental technicians also appeals to me.



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“My family and my friends made me the way I am.”

**How do you reconcile work commitments with family commitments?**

That's a sensitive subject. Your family has to know your profession very well, they need to know the disadvantages concerning your job and they have to adapt to them. The hardest part is all the time taken from your private life, since this job requires considerable time. Moreover, if you want to train people to become dental technicians, you will also have to devote more of your "family time" to your job.

**Tell us a sentence that inspires your day?**

We've been through worse times (when you have to face a new challenge). When I am doing something, I always think: there are lots of people who could do it much better than you and lots of people who could do it much worse. That keeps you balanced and makes you want to improve and surpass yourself. I believe that keeps you sane when you are under pressure.



**If you could be anywhere in the world right now, where would you be?**

The truth is I am really happy where I am right now. Thanks to my job I would be able to move anywhere in the world, but that's not what I want. I prefer being with my family and friends. I am collaborating with other countries, but I wouldn't move from my village and from my family and friend's side, as they are, undoubtedly, the most important part of my life. I owe them everything, as they made me who I am.